FORM
CAMPUS
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POST-TREATMENT CARE

Skin Tightening (Venus Versa (MP)2)

These post-care instructions have been created to help you care for your skin after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. As you learned from our informed consent booklet and your discussion with a member of our medical team, most potential complications tend to be minor and can be effectively managed if we are notified promptly. If you do not understand any of these instructions, please do not hesitate to call the clinic and speak with a member of our medical team.

> In the rare instance that you are unable to reach a member of our medical team with a post-care concern, and you feel it is urgent, please go to the emergency room of your nearest hospital.

Remember, an excellent aesthetic outcome and quality care are our goals. We are here to help you!

CONTACTING THE OFFICE

- Office: 416-447-6176
- After hours: 647-699-8190

YOUR PROCEDURE

The treatment you have selected is Venus Versa (MP)2.

POST-PROCEDURAL CARE: DAY 1 TO 7

Healing time varies from patient to patient. The following describes the general recovery phases you might expect. Individual patients may experience variations from this course.

Swelling, Discomfort and Redness

Swelling of your wrinkles occurs immediately. Some patients may experience swelling in the under-eye area for the first day; this swelling will subside. For the first 3 hours, there will be redness and slight heat coming from the treated area. This is a normal part of your body's natural healing response. Severe or excessive pain and any bruising are unusual. Let us know if either occurs.

Activity

Post-treatment redness is mild, and you may return to regular activities immediately. You may feel mild heat coming from the treated area. Do not apply ice or cooling compresses.

Moisturizer

Apply moisturizer regularly throughout your treatment series. It may be applied immediately after each treatment.

Makeup

Makeup can be applied immediately after each treatment. Remove all makeup from the skin at night, and do not sleep with makeup on the treated area.

Avoiding the Sun

Avoiding direct sun should become a permanent part of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater, even on cloudy days, in every season.

Long-Term Skin Care

In addition to avoiding direct sun exposure, we suggest all patients follow a long-term skin care program to maintain the youthful, rejuvenated appearance you have achieved. We offer a program for long-term facial skin maintenance featuring state-of-the-art skin maintaining and rejuvenating creams that are available only through, and administered by, our medical team.

Home Routine

To enhance the results of your treatments, we recommend that you maintain a healthy and active lifestyle. Gaining weight during your treatment series could compromise your final results.

These instructions are general guidance. Your surgeon or provider may give you instructions specific to your care, and those take priority.