FORM
CAMPUS

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PRE AND POST-TREATMENT INSTRUCTIONS

SkinPen Microneedling

BEFORE YOUR TREATMENT

- No Retin-A products or applications for 24 hours before your treatment.
- Avoid sun exposure and sunburn for 24 hours before treatment. Microneedling will not be performed on sunburned skin.
- Avoid autoimmune therapies for at least 24 hours before your treatment.
- If an active breakout, cold sores or open lesions occur before treatment, please reschedule your appointment.
- Wait 6 months after using oral isotretinoin (Accutane).
- For Fitzpatrick skin types IV to VI, pigment may darken before lightening.

Wait at least:

- 72 hours before or after a Botox treatment to have microneedling.
- 1 week before or after any dermal filler treatment.
- 1 month before or after laser treatments, chemical peels or microdermabrasion.

DAY OF TREATMENT

- Arrive at the office with a clean face, washed and without makeup.

AFTER YOUR TREATMENT

- Immediately after your treatment, you will look as though you have a moderate to severe sunburn, and your skin may feel warm and tighter than usual. You may also notice some slight swelling. Both are normal and should diminish the same day or within 24 hours. You may see slight redness after 24 hours, but only in small areas or spots.
- If you are concerned about any reaction, please call our office at (416) 447-6176.

AFTERCARE INSTRUCTIONS

- Avoid touching, washing or applying anything to the treated skin for the first day. Use only Skinfuse Lift HG for the first 24 hours.
- After 24 hours, you can cleanse the skin with a gentle cleanser and apply Skinfuse Rescue Calming Complex.
- After the first 24 hours, apply a chemical-free, broad-spectrum UVA/UVB sunscreen of at least SPF 30 every day, and avoid sun exposure.
- Resume your normal skin care routine and makeup 2 days after treatment.

THINGS TO AVOID

- For at least 3 days after treatment, do NOT use any alpha hydroxy acids, beta hydroxy acids, retinol (vitamin A), vitamin C (in a low pH formula) or any other "active" skin care.
- Avoid intentional and direct sunlight for at least 72 hours.
- Do not go swimming for at least 24 hours after treatment.
- No exercise or strenuous activity for the first 24 hours after treatment.

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These instructions are general guidance. Your surgeon or provider may give you instructions specific to your care, and those take priority.