

(MP)2 TREATMENTS

POST-PROCEDURAL CARE INSTRUCTIONS

INTRODUCTION TO THE VENUS VERSA™ (MP)2 POST-PROCEDURAL CARE INSTRUCTIONS

These post-care instructions have been created to help prepare you for care after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. These instructions will also provide you with a few of the postprocedural warning signs that may herald a complication. As you discovered from our informed consent booklet and your discussion with a member of our medical team, most potential complications tend to be minor and can be effectively managed if we are notified promptly. If you do not understand any of the items in the post-care instructions, please do not hesitate to call the clinic and speak with a member of our medical team. In the rare instance that you are unable to contact a member of our medical team with a post-care concern, and you feel it is of an urgent nature, please proceed to the emergency room of your nearest hospital. Remember, your excellent aesthetic outcome and quality of care is our goal. We are here to help you!

CONTACTING THE OFFICE

Office: 416-447-6176

After Hours: 647-699-8190

YOUR PROCEDURE

The treatment you have selected is Venus Versa™ (MP)2.

POST-PROCEDURAL CARE - DAY 1 TO 7

The healing time for any given treatment varies between different patients. The following represents the general recovery phases you might expect. Individual patients may experience variations from this course.

Swelling/Discomfort/Redness:

Swelling of your wrinkles occurs immediately. While it is possible for patients to experience swelling in the under-eye area for the first day, this swelling will subside. For the first 3 hours, there will be redness and slight heat emanation from the treated area - this is a normal part of your body's natural healing response. It is unusual to experience severe or excessive pain, as well as any bruising; let us know if this occurs.

Activity:

Post-treatment redness is mild, and you may return to regular activities immediately. You may experience mild heat emanating from the treated area. This is a normal part of the body's natural healing response. Do not apply ice or cooling compresses.

Moisturizer:

Moisturizer should be applied regularly throughout the course of your treatment series, and it may be applied immediately after each treatment.

Make-Up:

Make-up can be applied immediately after each treatment. Do not sleep with make-up on the treated area. It is important to remove all make-up that is applied to the skin at night.

Avoiding the Sun:

Avoiding direct sun should become a permanent component of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater, even on cloudy days, regardless of season.

Long-Term Skin Care:

In addition to avoiding direct sun exposure, we suggest all clients use long-term skin care that prioritizes the youthful, rejuvenated appearance you have achieved. We offer clients a program for long-term facial skin maintenance. This unique program offers state-of-the-art skin maintaining and rejuvenating creams that are only available and administered by our medical team.

Home Regime:

To enhance the results of the treatments, we recommend that you maintain a healthy and active lifestyle. Gaining weight during your treatment series could compromise your end results.

WARNING SIGNS

The following are some of the symptoms that should alert you to the possibility of an impending or existing complication and you should contact the clinic:

Infection may be present if you notice:

- (i) Increased (rather than decreasing) facial swelling after the first 24 - 36 hours.
- (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.